



Group Exercise Instructor – Faith-Based Cardio Fitness Non-Contract Position

Job Overview

We are seeking a faith-filled and enthusiastic Group Exercise Instructor to lead a Christian-based cardio fitness class that combines movement, contemporary Christian music, and prayer in a welcoming and supportive environment. If you have a heart for ministry, a passion for fitness, and a desire to help others honor God through healthy living, we would love to hear from you.

Qualifications

- Current Group Fitness Certification (**required**)
- Current CPR Certification (**required**)
- Certificate of Insurance (**required**)
- Experience teaching group fitness classes preferred
- Comfortable leading a class in a Christian faith-based setting

Responsibilities

- Lead an uplifting and engaging cardio fitness class for adults of varying fitness levels.
- Create safe and effective workouts that promote overall health and wellness.
- Incorporate contemporary Christian music, inspirational messages, and prayer into the class experience.
- Encourage participants through positive instruction, modifications, and motivation.
- Foster a Christ-centered atmosphere that reflects compassion, encouragement, and fellowship.

For more info or to apply, contact [Kathy Long](#).